

Sabeel-Kairos

Taking Action for Palestine

Sabeel–Kairos Lenten Reflections

Week 3 | *Where you put your money – there will your heart be also*

Reflection

The Greek word for repentance is *Metanoia* which literally means a change of mind and at a deeper level, a change of mind and heart.

The call to Repentance can be focused on shame, guilt and regret. If that is all it becomes for us with no change of mind and heart, then it bears no fruit.

Let us inform ourselves of the politics behind the sufferings of others across the world especially our Palestinian sisters and brothers.

What are the ways in which we might, even unwittingly, contribute to conflict in the Palestine?

Through a change in our hearts and minds let us determine ways we can help to bring about relief for those who are persecuted.

At this halfway point on our Lenten journey – let us take up a concrete action in the work for true and lasting peace.

Prayer

Father

We pray for those who are fighting for Justice and peace in Palestine. We offer you our commitment throughout Lent to open our hearts and minds to the sufferings of the Palestinian people and to support all those who work to bring an end to their suffering

Jesus

We open our hearts and minds to you throughout Lent. Fill us with your love and compassion for the suffering people of Palestine.

Holy Spirit

We ask for the strength to act on our decisions; not to fear speaking out against injustice and to openly support all those who work for justice in Palestine.



Where you put your money, there your heart will be also. MATTHEW 6:21

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